

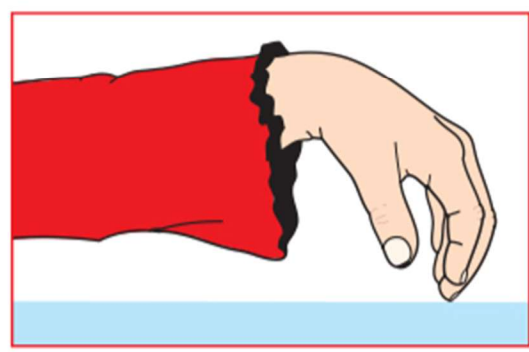
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Mitsy's Cat Back

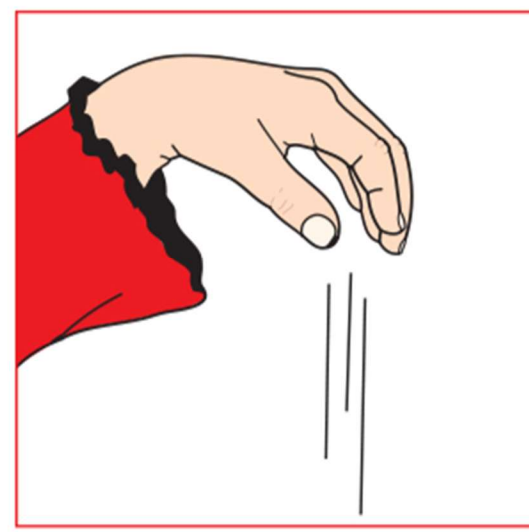
Technique: Flexible Wrist

Teacher Note: These wrist motions serve as preparation for the rainbow wrist gestures shown on the next pages.

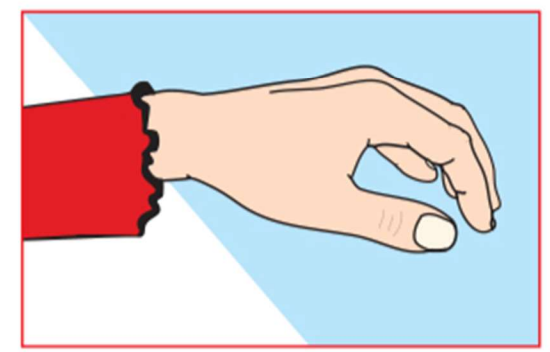
1. Mrs. Razzle-Dazzle has a cat named Mitsy. Arch your **R.H.** wrist like Mitsy the cat arches her back. Repeat with **L.H.**
2. On the **closed piano lid**, do the motions for this song with your teacher. Can you sing with the audio?



Do a cat back, do a cat back,



do a LEAP and



land upon your fingertips!

(Repeat all motions as the melody continues.)



Teacher melody for Mitsy's Cat Back:

mf **Em** **Am** **Em** **B** **Em**

Do a cat back, do a cat back, do a leap and land up-on your fin - ger - tips! Do a cat back, do a cat back, do a leap and land up-on your fin - ger - tips!